







A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Canada Day	2 Starbuck @11:45 Lemon Dill Salmon	3 Sanford @11:45 Meatballs	4	5
6	7 La Salle @ 11:45 Spaghetti	8	9 Starbuck @11:45 Meatballs	10 Sanford @11:45 Chicken Parm	11	12
13	14 Brunkild@ 11:45 Ribs	15	16 Starbuck @11:45 Ribs	17 Sanford @ 11:45 Meatloaf	18	19
20	21 La Salle @ 11:45 Chicken Stirfry	22	23 Starbuck @11:45 Egg salad Sandwiches & Beef Barley Soup	24 Sanford @ 11:45 Veal Cutlets	25	26
27	28 La Salle @ 11:45 Pork Chops	29	30 Starbuck @11:45 Creamy Garlic chicken	31 Sanford @ 11:45 Tuna Casserole		
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Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confi

Menu subject to change.

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